MASTERING COMPOSITE RESTORATIONS: PREDICTABLE, ESTHETIC, AND PROFITABLE TECHNIQUES FOR DAILY PRACTICE

with

Marcos Vargas, BDB, DDS, MS

OCTOBER 24, 2025 MONTREAL, QC

COURSE DESCRIPTION

Direct composite resins are indispensable in modern dental practice. They offer patients minimally invasive, cost-effective restorations that preserve natural tooth structure while providing esthetics, function, and longevity. However, achieving predictable and sensitivity-free outcomes, particularly in anterior and posterior restorations, remains a challenge for many clinicians.

This comprehensive presentation addresses the increasing demand for cosmetic excellence and introduces efficient, clinically proven techniques that enhance both patient satisfaction and practice profitability. Attendees will gain valuable insights into: Shade selection, cavity preparation, layering strategies, bulk fill materials, achieving ideal proximal contacts, contouring and polishing for optimal esthetics, injection molding and other emerging techniques.

By mastering these techniques and understanding the nuances of product selection, clinicians can confidently deliver high-quality, esthetic outcomes with composite resins.

This interactive course is designed to empower esthetic-minded practitioners with the tools and knowledge to perform restorative procedures efficiently, conservatively, and profitably.

LEARNING OBJECTIVES

- Select the perfect shade within 15 seconds
- Learn cavity preparation with an esthetic result in mind
- Select a suitable technique to accomplish direct composite restorations
- Understand bulk-fill resin composites and how to use them
- Learn cavity preparation to facilitate placement and prevent white lines
- Contour and polish resin composite to mimic tooth structure

WHO SHOULD ATTEND?

This course is designed for the esthetic-minded clinician who wants to acquire the tools and knowledge necessary to perform restorative procedures efficiently, conservatively, and profitably.

IN-PERSON HANDS-ON 7 CE 8 ODHQ CREDITS CREDITS



WHAT YOU WILL EXPERIENCE VIA HANDS-ON EXPERIENCES

- How to select a shade
- Cavity preparation for esthetics
- Nuances of composite handling & clinical benefits
- A fast-polishing technique
- Deep Class II mold test evaluate composite, filling technique
- How to create a gap-free Class II restoration
- Fabricate a composite veneer with the injection molding technique

Presented By:



Partnered With:



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LOCATION

Hilton Garden Inn 6939, boul. Décarie, Montréal, QC H3W 3E4

AGENDA

8:00am - 8:30am

Registration & continental breakfast

8:30am - 4:30pm

Lecture & Interactive Dental Learning

Lunch: 12:00pm - 12:30pm

COURSE DETAILS

CE Credits: 7

ODHQ Credits: 8

AGD Code: 250

TUITION

Early Bird Registration Special: \$499

Early bird special expires September 5, 2025.

Regular tuition: \$599 | Staff tuition (Observatory): \$199*

*Maximum two staff registrations per registered dentist.

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CANCELLATION POLICY: Full refunds will be granted if notification is received 20 days prior to the course. If cancellation occurs less than 20 days prior to the course, a \$150 fee per course will be withheld for processing and administrative costs. No refunds will be granted for cancellations made 7 days or less prior to the course. If insufficient enrollment necessitates cancellation of a course, all tuition fees will be refunded. Clinician's Choice is under no obligation to reimburse participants for airline, hotel reservations or any other costs.



Marcos Vargas, BDB, DDS, MS

ABOUT THE SPEAKER

Dr. Marcos Vargas attended Cayetano Heredia University School of Dentistry in Lima, Peru and graduated in 1985. He spent two years, 1990 to 1992, in the AEGD program at the Eastman Dental Center in Rochester. New York. Dr. Vargas received his Certificate and Master Degree in Operative Dentistry in 1994 at the University of Iowa where he is currently a Professor in the Department of Family Dentistry. His primary research interests are in the area of dental materials including glass ionomers, dentin bonding, composite resins and esthetic dentistry. Dr. Vargas is also recognized for his expertise of Direct Restorative Treatment Procedures and conducts numerous lecture and handson seminars in the US and internationally. Dr. Marcos Vargas has published extensively in the area of dental adhesion and resin composites for over 25 years. He maintains a private practice limited to Operative Dentistry with an emphasis on esthetic dentistry.

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